

## RESULTS: SAT 3 AUG 2019 — CREAG DHUBH

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	Competitor	Category	Club	Time
1	Finlay Wild	M	Lochaber AC	00:26:49
2	Alasdair McLeod	M	Shettleston Harriers	00:27:48
3	Jamie Crowe	M	Central AC	00:27:56
4	Mark Lamb	M	Keswick AC	00:28:00
5	James Espie	M	Deeside Runners	00:28:20
6	Alexander Chepelin	M	Carnethy	00:28:30
7	Jack Wood	M	Ilkley Harriers	00:28:38
8	Carl Bell	M	Keswick AC	00:28:45
9	Marc Austin	M	Howgill Harriers	00:28:51
10	Tom Martyn	M	HBT	00:28:56
11	Gareth Hughes	M	Mercia	00:29:01
12	Robert Simpson	M	Shettleston Harriers	00:29:03
13	Alasdair Campbell	M	Matlock AC	00:29:13
14	Andrew Barrington	M	Lochaber AC	00:29:20
15	Josh Jardino	M	Helm Hill Runners	00:29:24
16	John Battrick	M	Keswick AC	00:29:27
17	Steve Hebblethwaite	M	Keswick AC	00:29:28
18	Max Wainwright	M	Dark Peak	00:29:37
19	Josh Williams	M	Dark Peak	00:29:39
20	Andrew Worster	M	Todmorden Harriers	00:29:41
21	Rob Jebb	M40	Helm Hill Runners	00:29:49
22	Sam Stead	M	Keswick AC	00:29:57
23	Tom Saville	M	Dark Peak	00:30:01
24	Adam Osborne	M40	Calder Valley	00:30:06
25	Adam Perry	M	Helm Hill Runners	00:30:34
26	John Yells	M	Lochaber AC	00:30:37

27	Oli Johnson	M40	Dark Peak	00:30:47
28	James Appleton	M	Keswick AC	00:30:52
29	Sam Alexander	M	Westerlands	00:30:56
30	Paul Jones	M40	Mercia	00:31:01
31	Lova Chechik	M	Dark Peak	00:31:03
31	Will Boothman	M40	Dark Peak	00:31:03
33	Nicholas Barber	M	Helm Hill Runners	00:31:04
34	Ryan Stewart	M	Shettleston Harriers	00:31:05
35	Andrew Gilmore	M	Highland Hill Runners	00:31:06
35	Huw Davies	M	Mercia	00:31:06
35	Murray Strain	M	HBT	00:31:06
38	Mark Roberts	M50	Borrowdale Fell Runners	00:31:09
39	Richard Roberts	M40	Eryri Harriers	00:31:10
40	Dessie Flanagan	M40	Carnethy	00:31:17
41	Chris Grant-Pantrey	M	Shettleston Harriers	00:31:25
42	Jim Davies	M50	Borrowdale Fell Runners	00:31:35
43	Niall McAlinden	M	Westerlands	00:31:41
44	Jack Ward	M	Highland Hill Runners	00:31:44
45	Phil Mowbray	M40	HBT	00:31:49
46	Justin Carter	M40	Cambuslang Harriers	00:31:52
47	Charlie Lowther	M40	Eden Runners	00:31:55
48	Matthew Sullivan	M	Shettleston Harriers	00:32:02
49	Shaun Godsman	M40	Calder Valley	00:32:06
50	Kieran Hodgson	M40	Helm Hill Runners	00:32:15
51	Graeme Brown	M40	Todmorden Harriers	00:32:18
52	Dave Taylor	M50	Dark Peak	00:32:19
52	John Connaghan	M40	Shettleston Harriers	00:32:19
54	Peter Davies	M	Dark Peak	00:32:32
55	Pete Rigby	M	Helm Hill Runners	00:32:44

56	<b>Stephen Winter</b>	M40	Shettleston Harriers	00:32:49
57	<b>Kelli Roberts</b>	F	Helm Hill Runners	00:33:01
58	<b>Jill Stephen</b>	F	HBT	00:33:13
59	<b>Michael Fanning</b>	M50	Borrowdale Fell Runners	00:33:18
60	<b>Mark Burton</b>	M40	Calder Valley	00:33:23
61	<b>Tom Tipping</b>	M50	Helm Hill Runners	00:33:25
62	<b>Alasdair Anthony</b>	M40	Ochil Hill Runners	00:33:27
63	<b>Sara Willhoit</b>	F	Mercia	00:33:29
64	<b>Stephen Pyke</b>	M50	Dark Peak	00:33:33
65	<b>Stuart Crutchfield</b>	M	Lochaber AC	00:33:35
66	<b>Dominic Moore</b>	M		00:33:37
67	<b>Jonathan Wright</b>	M40	Todmorden Harriers	00:33:53
68	<b>Matthew Fortes</b>	M40	Eryri Harriers	00:33:59
69	<b>Mark Taylor</b>	M40	Calder Valley	00:34:02
70	<b>Matthew Macdonald</b>	M	Lochaber AC	00:34:03
71	<b>Rachel Parker</b>	F	Mercia	00:34:04
72	<b>Dan Gilbert</b>	M40	Horwich	00:34:09
73	<b>Paul Reilly</b>	M40	Helm Hill Runners	00:34:18
74	<b>Craig Freshwater</b>	M	HBT	00:34:29
75	<b>Des Crowe</b>	M50	Penicuik Harriers	00:34:30
76	<b>Jamie Thin</b>	M50	HBT	00:34:41
77	<b>James Callender</b>	M	Westerlands	00:34:43
78	<b>Sharon Taylor</b>	F	Helm Hill Runners	00:34:50
79	<b>Stuart Malcolm</b>	M50	Highland Hill Runners	00:34:54
80	<b>Miranda Grant</b>	F	Eryri Harriers	00:34:59
81	<b>Hannah Russell</b>	F	Helm Hill Runners	00:35:03
82	<b>Martin Askew</b>	MJ	Helm Hill Runners	00:35:09
83	<b>Alasdair MacInnes</b>	M	Westerlands	00:35:11
83	<b>Jon Morgan</b>	M50	Dark Peak	00:35:11

85	Matthew Nichols	M	Matlock AC	00:35:12
86	Paul Cornock	M	Shettleston Harriers	00:35:22
87	Adam Anderson	M50	Hartfell HRC	00:35:23
88	Francisco Javier Cabrera Valdes	M	Highland Hill Runners	00:35:27
89	Robert Matthews	M	Westerlands	00:35:28
90	Iain Pender	M	Shettleston Harriers	00:35:29
91	David Gallie	M50	Highland Hill Runners	00:35:33
92	Fraser MacKenzie	M	Lochaber AC	00:35:38
93	Samuel Williams-Duncan	M	Dark Peak	00:35:40
94	Rod Scott	M40	Helm Hill Runners	00:35:42
95	Simon Patton	M50	Dark Peak	00:35:44
96	Steve Angus	M50	Keswick AC	00:35:45
97	Nick Barber	M40	Todmorden Harriers	00:35:46
98	Jake Willis	M40	Lochaber AC	00:35:48
99	Walter Henderson	M50	Shettleston Harriers	00:35:53
100	Adrian Davis	M50	Lomond Hill Runners	00:36:03
101	Gregor Davidson	M	Lochaber AC	00:36:06
102	Kevin Peebles	M40	Lomond Hill Runners	00:36:08
103	Ben Murphy	M	HBT	00:36:11
104	Chris Butler	M	Westerlands	00:36:14
105	Catriona Morrison	F40	Highland Hill Runners	00:36:18
106	Kristian Groom	M40	Dark Peak	00:36:25
107	Eugene Mackie	M	Highland Hill Runners	00:36:27
108	Ruaraidh Mackenzie	M	Lochaber AC	00:36:28
109	Helen Berry	F40	Holmfirth Harriers	00:36:30
110	Steve Macdonald	M	Lochaber AC	00:36:32
111	John Busby	M	Carnethy	00:36:37
112	John Tullie	M60	Teviotdale Harriers	00:36:39
113	Angela Mudge	F40	Carnethy	00:36:43

114	Niall Bourke	M	Pudsey & Bramley	00:36:51
115	Russell Owen	M60	Eryri Harriers	00:36:53
116	James Barron	M50	Helm Hill Runners	00:37:02
117	Heather Anderson	F40	Fife AC	00:37:09
118	Darren Tweed	M40	Todmorden Harriers	00:37:14
119	Milan Misak	M	Carnethy	00:37:20
120	Rachel Pilling	F	Pudsey & Bramley	00:37:24
121	Neil McLure	M50	Carnegie Harriers	00:37:27
122	Bryan Lomas	M50	Congleton Harriers	00:37:31
123	Donald Lamont	M	Lochaber AC	00:37:33
124	Mark Walsh	M50	Horwich	00:37:36
125	Gordon Stewart	M60		00:37:41
126	Bianca Dyer	F40	Helm Hill Runners	00:37:43
126	Bryan McKenna	M40	Carnethy	00:37:43
128	Donald McCarthy	M40	BASOC	00:37:44
129	Phillipa Gullett	F	Highland Hill Runners	00:37:51
130	Judith Jepson	F50	Dark Peak	00:38:17
131	Alan Renville	M40	Carnethy	00:38:18
132	Frazer Munro	M		00:38:22
133	Alan Hogg	M60	Carnethy	00:38:23
134	Kevin Davie	M	Carnegie Harriers	00:38:25
135	Peter Simpson	M60	Carnegie Harriers	00:38:27
136	Veronique Oldham	F50	Cosmics	00:38:28
137	Andrew Aitken	M		00:38:33
137	William Proctor	M60	Helm Hill Runners	00:38:33
139	Paul Tucker	M50	Mynydd Du	00:38:34
140	Graham Pilling	M40	Pudsey & Bramley	00:38:41
141	Stuart Forrest	M	Highland Hill Runners	00:38:53
142	Alastair Pringle	M50	Shettleston Harriers	00:39:09

143	Josie Lloyd	F	Mercia	00:39:12
144	Ella Peters	F	Westerlands	00:39:15
145	Neil Burnett	M50	Carnethy	00:39:22
146	Bruce Smith	M50	Carnethy	00:39:24
147	Mark Agnew	M50	Mercia	00:39:25
148	Ellen Paton	FJ	Dark Peak	00:39:26
148	Tom Finch	M	Westerlands	00:39:26
150	Dougie Macdonald	M40	Highland Hill Runners	00:39:30
151	Helen Wood	F	Ilkley Harriers	00:39:36
152	Chris Wilkinson	M	Highland Hill Runners	00:39:43
153	Ali Kennedy	M50	Lochaber AC	00:39:45
154	Manny Gorman	M50	Westerlands	00:39:49
155	Peter German	M	Helm Hill Runners	00:39:56
156	Keith McCarthy	M40	RAF	00:40:01
157	Robert Taylor	M70	Pennine Fell Runners	00:40:02
158	Michael Mallen	M60	Keswick AC	00:40:07
159	Gordon Pryde	M60	Lomond Hill Runners	00:40:14
160	Geoff Gough	M60	Clayton Le Moors	00:40:41
161	Tim Pott	M50	Forres Harriers	00:40:48
162	James Riley	M40	Todmorden Harriers	00:40:51
163	Joe Law	M	Dark Peak	00:41:04
164	John Stevenson	M50	Ochil Hill Runners	00:41:07
165	Don Reid	M60	Westerlands	00:41:15
166	Richard Jennings	M40		00:41:19
167	Mairi Gilmour	F	Westerlands	00:41:22
168	Suzy Devey	F40	Lochaber AC	00:41:30
169	Lee Murphy	M40	Carnethy	00:41:36
170	Rebecca Patrick	F50	Todmorden Harriers	00:41:39
171	Nicola Parkin	F50	Dark Peak	00:41:41

172	Georgia Stevens	F	Helm Hill Runners	00:41:44
173	Gerald Angus	M50	Keith & District AAC	00:41:50
174	Ewan Paterson	M60	Highland Hill Runners	00:41:58
175	Rebecca Law	F	Eryri Harriers	00:41:59
176	Dagmar Borrowman	F40	Highland Hill Runners	00:42:03
177	Alasdair McCallum	M50	Norham RC	00:42:06
177	Johannes Mathis	M		00:42:06
179	Lee Holland	M50	Carnegie Harriers	00:42:14
180	Dave Turner	M40	Lomond Hill Runners	00:42:15
181	Jean Brown	F50	Clayton Le Moors	00:42:16
181	Richard Corporaal	M		00:42:16
183	Alastair Matthewson	M50	Highland Hill Runners	00:42:23
184	Melanie Blackhurst	F50	Todmorden Harriers	00:42:26
185	Owen Bass	M50	Solway	00:42:35
186	Kirsty Bryan-Jones	F40	Dark Peak	00:42:36
187	Robert Maclean	M50	Lochaber AC	00:42:37
188	Karen Lyons	F40	Highland Hill Runners	00:42:42
189	David Bryan	M40	East Sutherland	00:43:02
190	Graham Kelly	M50	Westerlands	00:43:05
191	Lorna Askew	F50	Helm Hill Runners	00:43:07
192	Scott Crossett	M		00:43:13
193	Steve Wathall	M60	Black Combe Runners	00:43:18
194	Jenn Ruddick	F	Westerlands	00:43:22
195	Rafal Tomaszewski	M40		00:43:28
196	Philip Kammer	M60	Cosmics	00:43:29
197	Trevor Shaw	M50	Lochtayside	00:43:43
198	Carrie Gibson	F40	Helm Hill Runners	00:43:45
199	Fiona Kelsall	F40	Ochil Hill Runners	00:43:47
200	Jean Powell	F50	Wharfedale Harriers	00:44:05

<b>201</b>	<b>Rhian Evans</b>	F	Strathearn Harriers	00:44:10
<b>202</b>	<b>Lucy Needham</b>	F	Wharfedale Harriers	00:44:16
<b>203</b>	<b>Angus Bowman</b>	M60	Lomond Hill Runners	00:44:17
<b>204</b>	<b>Saki Nakamura</b>	F	Westerlands	00:44:34
<b>205</b>	<b>Manouk Bakermans</b>	F	Highland Hill Runners	00:44:47
<b>206</b>	<b>Tim Smith</b>	M40		00:45:03
<b>207</b>	<b>Roderick Pugh</b>	M60	Kilmarnock Harriers	00:45:16
<b>208</b>	<b>Jo Wilcox</b>	F50	Helm Hill Runners	00:45:21
<b>209</b>	<b>Daniel Grant</b>	M		00:45:30
<b>210</b>	<b>Rebecca Fode</b>	F	Victoria Park Harriers	00:45:32
<b>211</b>	<b>Hilary Ritchie</b>	F50	Fife AC	00:45:36
<b>212</b>	<b>Christopher Mitchell</b>	M70		00:45:37
<b>213</b>	<b>Chastain Lairent</b>	M40		00:45:41
<b>214</b>	<b>Michael Watson</b>	M50		00:45:48
<b>214</b>	<b>Ronald Rees</b>	M60	Pennine Fell Runners	00:45:48
<b>216</b>	<b>Kerry Cunningham</b>	F	Westerlands	00:45:49
<b>217</b>	<b>Rory Simpson</b>	M50		00:45:54
<b>218</b>	<b>Kate Worthington</b>	F40	Eryri Harriers	00:45:56
<b>219</b>	<b>Alistair Boyer</b>	M	Westerlands	00:45:58
<b>220</b>	<b>Claire Green</b>	F	Pudsey & Bramley	00:46:03
<b>221</b>	<b>Robert Phillips</b>	M		00:46:04
<b>222</b>	<b>Duncan Gorman</b>	M	Westerlands	00:46:06
<b>223</b>	<b>John MacEwan</b>	M50	Ochil Hill Runners	00:46:09
<b>224</b>	<b>Dougal Spenceley</b>	MJ		00:46:18
<b>224</b>	<b>Richard Goff</b>	M	Buxton AC	00:46:18
<b>226</b>	<b>Arianne Holland</b>	F	Carnegie Harriers	00:46:20
<b>226</b>	<b>Kate Mansell</b>	F40	Todmorden Harriers	00:46:20
<b>228</b>	<b>Andy Chapman</b>	M40	Cosmics	00:46:21
<b>229</b>	<b>Joan Wilson</b>	F50	Lomond Hill Runners	00:46:23



<b>230</b>	<b>Scott Johnston</b>	M		00:46:52
<b>231</b>	<b>David Oliver</b>	M60	Deeside Runners	00:46:59
<b>232</b>	<b>Michelle Best</b>	F40	Carnegie Harriers	00:47:03
<b>233</b>	<b>Colin Wilson</b>	M50	Lomond Hill Runners	00:47:06
<b>234</b>	<b>Mark Hartree</b>	M50	Carnethy	00:47:10
<b>235</b>	<b>Colin Ledlie</b>	M50	Carnethy	00:47:12
<b>236</b>	<b>Caroline Harding</b>	F40	Pudsey & Bramley	00:47:13
<b>237</b>	<b>Colin Silver</b>	M40		00:47:16
<b>238</b>	<b>Douglas Milligan</b>	M70	Solway	00:47:20
<b>239</b>	<b>Judy Howells</b>	F40	Wharfedale Harriers	00:47:27
<b>240</b>	<b>Andrew Sim</b>	M50	Carnegie Harriers	00:47:35
<b>241</b>	<b>Colin Reynolds</b>	M40	Carnegie Harriers	00:47:38
<b>242</b>	<b>Stuart McMillan</b>	M40	Carnethy	00:47:51
<b>243</b>	<b>Digby Maass</b>	M60	Carnethy	00:47:55
<b>244</b>	<b>David Duncan</b>	M60	Ochil Hill Runners	00:47:58
<b>245</b>	<b>Anthony Simon</b>	M40		00:48:08
<b>246</b>	<b>Andrew Fullwood</b>	M50	Westerlands	00:48:18
<b>247</b>	<b>Nicki Diggins</b>	F50	Cairngorm Runners	00:48:19
<b>248</b>	<b>Rod Webster</b>	M50	Highland Hill Runners	00:48:54
<b>249</b>	<b>Jennifer Bradley</b>	F40	Carnethy	00:48:58
<b>250</b>	<b>Alison Whyte</b>	F40	Carnegie Harriers	00:49:00
<b>250</b>	<b>Scott Ewan</b>	M	Jog Scotland	00:49:00
<b>252</b>	<b>Rupert Williams</b>	M50	Cosmics	00:49:35
<b>253</b>	<b>Beverley Tucker</b>	F50	Mynydd Du	00:49:49
<b>254</b>	<b>Lizzie Cockle</b>	F	Maldwyn Harriers	00:49:54
<b>255</b>	<b>Elizabeth Bloomfield</b>	F50	Fife AC	00:50:02
<b>256</b>	<b>Jenny Lister</b>	F		00:50:04
<b>257</b>	<b>Susan Jane Ross</b>	F50	Lochaber AC	00:50:05
<b>258</b>	<b>Joanne Thin</b>	F50	Carnethy	00:50:08

259	Iain Thomson	M70	Strathearn Harriers	00:50:14
260	Jocelyn Scott	F60	Fife AC	00:50:29
261	Russ Valentine	M50	Falkland Trail Runners	00:50:37
262	Dave Till	M60	Skye & Lochalsh RC	00:50:43
263	Denise Tunstall	F50	Durham Fell Runners	00:50:47
264	Lesley Reynolds	F50	Carnegie Harriers	00:50:50
265	Grace Kelleher	F	Dark Peak	00:51:12
266	Malcolm Easson	M50		00:51:14
267	Julie Spenceley	F40		00:51:37
268	Roy McLachlan	M60	Fife AC	00:51:40
269	Eleanor Munro	F50	Keith & District AAC	00:51:43
270	Ali Russell	M40		00:51:46
271	Ronald Fraser	M50	Dundee Road Runners	00:52:56
272	Bill Duff	M70	Falkland Trail Runners	00:53:04
273	Katie Hall	F		00:53:19
274	Amy Fisher-MacPherson	F		00:53:27
275	Annabel King	F	Vegan Runners	00:53:33
276	Hugh McPherson	M70	Tinto Hill Runners	00:53:39
277	Emma Seed	FJ	Inverness Harriers	00:53:46
278	Bev Wright	F40	Todmorden Harriers	00:53:59
279	Stefan Hamill	M40		00:54:08
280	Iain Beedie	M50	Lomond Hill Runners	00:54:28
281	Paul Wallace	M40		00:55:16
282	Rod Campbell	M70	Cosmics	00:55:47
283	Jane Oliver	F60	Deeside Runners	00:56:57
284	Brian Brennan	M60	Westerlands	00:57:46
285	Elizabeth Adams	F40	Helm Hill Runners	00:57:59
286	Emma Sinclair	F40	Cairngorm Runners	00:58:22
287	Ailsa Hewick	FJ	Inverness Harriers	00:59:16

<b>288</b>	<b>Karen Forsyth</b>	F	Carnegie Harriers	00:59:49
<b>289</b>	<b>John Elrick</b>	M60	Jog Scotland	01:00:43
<b>290</b>	<b>Didier Putzeys</b>	M50		01:01:07
<b>291</b>	<b>Douglas Spalding</b>	M		01:01:22
<b>292</b>	<b>David Scott</b>	M60	Ochil Hill Runners	01:01:58
<b>293</b>	<b>Douglas McLeod</b>	M50		01:02:36
<b>294</b>	<b>Eliza McLachlan</b>	F60	Fife AC	01:02:42
<b>295</b>	<b>Thorsten Ingermann</b>	M40		01:02:43
<b>296</b>	<b>Alan Slesser</b>	M60	Jarrow & Hebburn AC	01:04:28
<b>297</b>	<b>Annie Fraser</b>	F50	Cairngorm Runners	01:05:46
<b>298</b>	<b>Stewart Davidson</b>	M60	Fife AC	01:06:49
<b>299</b>	<b>Mark Slesser</b>	M	Jarrow & Hebburn AC	01:24:21
<b>300</b>	<b>Brenda Paul</b>	F40	Westerlands	01:25:24